



## Certificate Program in Teamwork and Team Building

For most of us, teamwork is a part of everyday life. Whether it's at home, in the community, or at work, we are often expected to be a functional part of a performing team. This course will encourage participants to explore the different aspects of a team, as well as ways that they can become a top-notch team performer.

### Objectives:

- Describe the concept of a team, and its factors for success
- Explain the four phases of the Tuckman team development model and define their characteristics
- List the three types of teams
- Describe actions to take as a leader – and as a follower for each of the four phases (Forming, Storming, Norming and Performing)
- Discuss the uses, benefits and disadvantages of various team - building activities
- Describe several team - building activities that the participant can use, and in what settings
- Follow strategies for setting and leading team meetings
- Detail problem - solving strategies using the Six Thinking Hats model - and one consensus-building approach to solving team problems
- List actions to do - and those to avoid - when encouraging teamwork

**Podar Enterprise**

Podar Chambers, S. A. Brelvi Road  
Fort, Mumbai - 400001, MH, India

**t:** +91 22 4051 5253 | **m:** +91 9167 177 229

**e:** [eduspace@podarenterprise.com](mailto:eduspace@podarenterprise.com)

[eduspace.PodarEnterprise.com](http://eduspace.PodarEnterprise.com)